

CHARACTERISTICS OF MASTERFUL COACHING

Masterful coaching flows out of who you are as a coach. Your integration of presence, partnership, and process creates an environment for client transformation. Being intentional in these areas leads to coaching mastery.

► Presence

Being present enables you to be fully connected with yourself and with the client, Experiencing the client's world sparks your intuition in what to explore further.

- During a coaching conversation, how connected are you to yourself?
- How fully connected are you to the client?
- When you are fully connected, what are you observing in yourself and in the client?
- How does being fully present guide your intuition?

► Partnership

Partnering with the client is offering them a continual invitation to observe themselves and choose what is important in the conversation. The following questions give the client opportunity to see themselves more clearly.

- What are your current thoughts on your leadership effectiveness?
- What are your main concerns in the transition?
- How would you like to approach this topic?
- What is becoming clearer about the way you want to lead?

► Process

Coaching is an intentional exploration process to maximize potential. The process involves setting an agenda and outcomes, creating shifts in awareness, and integrating insight into action. Developing skill and depth in each of these elements enables you to fluidly customize the conversation to your client.

- Based on (core issue), what would you like to accomplish in our conversation today?
- What is the real challenge for you in _____?
- What might need to be addressed to achieve this outcome?
- How could you implement this new perspective moving forward?